

“Sex and Sundaes” by Carol Duerksen

MATERIALS AND ADVANCE PREPARATION:

- 1 Supplies for ice cream sundaes: ice cream, two bowls and four spoons, toppings, whipped cream, peanuts, cherries
- 2 Two guys and two girls to do the ice cream sundae pantomime. (These could be kids that are dating each other.)
- 3 A small table for a couple to sit at to eat the ice cream sundae
- 4 Pencils and paper
- 5 Three copies of the skit

FOCUS:

Ask the first couple to be come to the table and to pantomime your narration as you read the following skit:

READER

There once was a couple who was
VERY HUNGRY for an ice cream sundae.

They found a clean bowl.

They filled it with huge blobs of ice cream.

It looked so good, and they were
VERY HUNGRY. They were tempted to eat
it just like that, but they decided to wait
until they could add a few toppings.

They got some delicious toppings

And then some whipped cream

And peanuts

And finally a cherry on top

STUDENTS

Rub stomachs

Hold up bowl

Open ice cream and fill bowl

Hold spoons over bowl

Pour on toppings

add whipped cream

add nuts

add cherry.

They sat down together and had a great ice cream sundae together.

Eat ice cream together

Ask first couple to leave table and second couple comes to the table to do the pantomime based on your instructions.

Another couple was also VERY HUNGRY for an ice cream sundae.

Rub stomachs

They found a clean bowl.

Hold up bowl

They put some ice cream in it.

Scoop out one dip of ice cream

But the ice cream was hard to scoop and they were VERY HUNGRY.

Pretend the ice cream is hard to scoop out.

It didn't look like enough ice cream, And they didn't want to take the time to put on the toppings. They were just TOO HUNGRY to wait.

Hold spoons over bowl.

So they just jumped in and ate the ice cream.

Eat ice cream.

(Parable by Gale Livengood)

CONNECT WITH THE CONTENT:

Ask the class: *Which of these couples had an ice cream sundae?*

Say: *We'll come back to the ice cream sundaes later.*

Hand out pencils and paper. Assure students that the things they will be writing will be for their eyes only—they will be keeping the papers and no one else will see them. **Say:** *I'd like for you to imagine being in a situation where you will decide whether or not to have sex before you are married. Some of you may have been in that situation already, others haven't. Either way, whether you are remembering or imagining, write down what you did, or would do, in that situation.*

Allow time for those responses to be written.

Say: *Now I want you to think about and write down why you responded the way you did. If you said no, what were the reasons? Fear of pregnancy? Thought it was wrong? Fear of STDs? You weren't ready? You plan to wait until marriage?*

If you said yes, what were the reasons? You loved each other? Everybody else was doing it? You were protected so why not? You were horny?

Allow time for responses to be written.

If you said no, how did you feel? Frustrated? Good? Like it was the thing you should do even if you wanted to say yes?

If you said yes, how did you feel? Good? Happy? Let down? Disappointed?

Allow time for responses to be written.

Say: *Whether or not to have sex outside of marriage is a question as old as sex itself. Different people in the Bible handled that question in different ways. We're going to see what Joe did when a rich sexy woman tried to seduce him.*

Ask students to do the skit "Joe Says No to a Rich Sexy Woman."

After the skit, discuss:

- Why did Joe say no?
- Do you think it was hard for him to say no? Why or why not?
- It is normal for us to want to be rewarded when we do the right thing. Joe's immediate reward was jail. Have you ever been rewarded with something negative when you did something positive?
- What was Joe's long-term reward for doing the right thing? Do you have any experiences of being rewarded positively for doing something right?

REFLECT:

Ask: *Remember the ice cream sundae skit? What does it have to do with sex?*

Share a mini lecture based on the following:

We are created as sexual beings. There is nothing wrong with being "hungry" for another person. That is how God made us. But we have choices in how we are going to act on that hunger. God's ideal for us is to wait until we can have the whole ice cream sundae, not to have a quick bite of ice cream. The whole ice cream sundae is part of a committed marriage relationship. When we are involved in sex outside of marriage, it dramatically affects us emotionally, and at times, physically. When we have sex outside of marriage, we are inviting ghosts into the bedroom that we will eventually share with our spouse. Those ghosts haunt us. They affect the ideal relationship that God created you to share with someone else.

This is not to say that having sex before marriage is unforgivable, or that you are "ruined." God is full of love and grace, and God does forgive us and give us new beginnings. If you have lost your

virginity, you can't get it back technically again, but you can make good choices from here on. God's been working with people who made mistakes—big and small—ever since Adam and Eve.

Feel free to add to this or change it according to what you want to communicate with your students.

RESPOND:

Ask students to close their eyes and pray as you help them think through decision-making on premarital sex. Read the following prayer, pausing after each phrase so students can pray silently.

God, for some people, this whole thing about premarital sex is a big concern. For others, it's no big deal. For me right now, I'd say that it is: *(Pause.)*

When I think about Joe and the way he said no to that woman, I realize it isn't what society is teaching me these days. It isn't always easy to decide what my own values are. I need your help when it comes to things like: *(Pause)*

God, thank you for creating me as a sexual being. *(Pause)*

Please give me strength when I face tough decisions. *(Pause.)*

And help me to know how best to enjoy your gift of sexuality. *(Pause)*

In the name of Jesus, who knows exactly what it's like to be a teenager, Amen.

“JOE SAYS NO TO A RICH SEXY WOMAN”

Characters:

Chris (guy)

Ali (girl)

Joe

Ali (whispers to Chris): There he is! Oh ... he is hot! I heard he was good-looking, and they weren't kidding!

Chris: Cool it, Ali. We're here to **talk**, not **gawk**!

Joe walks up to Ali and Chris: Hello! Welcome to Egypt!

Chris: Thanks. It's great to be here.

Joe: How can I help you?

Ali: Well, actually, we're here to talk about ... umt ... Christ ... you tell him.

Chris: We're here to talk to you about sex. Specifically, what happened between you and Potipher's wife?

Joe: Ah yes. Yes, I can tell you that story. It happened several years ago, when I was working for Potipher and had my living quarters in his house as well. I was handling all of his personal and business affairs ... and things were going well, until his wife wanted me to take care of a different kind of affair, you might say.

Ali: What did she say?

Joe: Pretty simple and straightforward: She wanted me in the sack.

Chris: She just came out and asked you to have sex?

Joe: Yep.

Chris: What did you say?

Joe: Nope.

Ali: And then what?

Joe: You might say she didn't take no for an answer. She wouldn't give up. She hassled me every day. One day when I went into the house, I noticed there weren't any other household servants around. I don't know if she planned it or not, but I do know she had one thing in mind. She grabbed me by the jacket and said "It's just me and you, honey. Come to my bedroom!"

Chris: Talk about an aggressive woman!

Joe: Oh yeah. I tore myself away from her and ran out of the house, but in the process, my coat tore, and she had a part of it in her hands.

Ali: A perfect opportunity for her to accuse you or rape, right?

Joe: Exactly. That's what she did. That's what she told her husband—my boss.

Chris: And it was her word against yours.

Joe: Yep.

Ali: I guess you got fired.

Joe: You might say that. He threw me in jail.

Chris: You did the right thing and got thrown in jail. That's not fair.

Joe: No, but I would have been in my own personal jail if I'd given in to her.

Ali: So how did you get out of jail?

Joe: That's another long story, and I'd be glad to tell it if you have time. The short answer is simple: God was faithful to me.